

What You Need to Know about the Year of the Yin Metal Ox: The Top Five Points

1. Grin and Bear It: Stock Market Predictions

The Chinese lunar cycle is 12 years. At the end of the twelfth year, it repeats itself. Recall that in 2008, the markets crashed and we found ourselves in a global financial crisis. The drop in the markets was the largest until...2020. Twelve years ago in 2009, the markets and economy were still struggling. That energy will play out again in 2021, but one of the bright spots for investing is real estate, where the earth energy from the Ox will shine bright.

2. The Political Climate Could Still be Chilly

The last Year of the Yin Metal Ox was 60 years ago, when the world was fraught with numerous political and global tensions such as the Cuban Missile Crisis, the Berlin Wall and the Cold War. I think, given the modern political climate, we should not be surprised if 2021 includes a lot of angst.

3. Mother Earth May Speak—Loudly

The energy of the Ox includes earth, which means our planet could see a number of natural disasters such as earthquakes, landslides, hurricanes, avalanches and volcanic eruptions.



4. Digest This: Your Health in 2021

In Chinese medicine, 2020 was the Yang Metal Rat year, with metal representing the lungs and the Rat representing the energy of water. It's not surprising then that the 2020 pandemic manifested with lungs filling with water. In 2021, earth energy represents digestion, so we may see COVID-19 creating more digestive problems or other flu viruses that cause stomach upset.

5. Which Direction Will You Be Swimming?

Those born under the Year of the Snake, Rooster and Rat will find 2021 to be a very favorable year – I like to say they will be swimming with the current. Those born under the sign of the Ox, Horse and Ram will be swimming against the current.

Looking to find out more about 2021 and how you can ensure that it is a smooth year even if you are a Horse?

Join me:

Would you like to learn more about 2021 and how you can ensure that it is a smooth year (even if you are a Ram)? Then please make plans to join me for a [live Zoom workshop](#) on Feb. 5th (6:30pm – 8pm) and 6th (9am-3pm). Engage with a community of women for an in-depth overview of the year ahead with predictions, guidance on your personal astrological sign, how to best align with the energy of the year, and much, much more. Together we will experience the powerful Chinese New Year Ceremonies of Golden Cicada and Bringing in the Wealth Gods—wonderful ancient practices that clear away the old and bring in the new.

